



*Improve Your Skills For A Better Business*



*Essilor Ireland in Association with Varilux University would like to invite members of the A.O.I and the I.A.D.O to a 1 day Course which will take place in a choice of locations on January 17<sup>th</sup> and 18<sup>th</sup> 2012.*

*This course is Open to all Irish Independent Opticians both Optometrists and Dispensing Opticians*

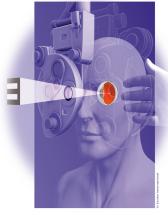
*The course on Jan 17<sup>th</sup> will be held in the Killeslin Hotel Portlaoise*

*The course on Jan 18<sup>th</sup> will be held in the Camden Court Hotel Dublin.*

*There are 8.5 CET Points available for participation in this course*

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## Improve your skills for a better business

*Jean Charles Allary (OD) and Peter O'Donnell FBDO*

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9.30 - 9.45	Welcome and Introduction
9.45 - 11.00	Review of refraction procedures
11.00 - 11.15	Coffee break
11.15 – 12.30	Workshop on Refraction Procedures
12. 30 – 13.30	Lunch time
13.30 – 14.30	Dispensing lenses
14.30 – 15.30	Workshop on dispensing lenses
15.30 - 15.45	Coffee break
15.45 – 16.45	How your Practice can benefit from Lifestyle Lenses
16.45 – 17.15	Conclusion

# The Killeshin Hotel – January 17<sup>th</sup> 2012

Dublin Road, Portlaoise ([Show map](#))



The Killeshin Hotel is one mile from Portlaoise and junction 16 of the M7 motorway. It offers a bistro, an indoor pool, jacuzzi, a gym and rooms with free internet.



Portlaoise Train Station is a 15-minute walk away and has direct trains to the Curragh Racecourse and Dublin. Free parking is available at the Killeshin Hotel.

# The Camden Court Hotel, Lower Camden Street, Dublin 2

## January 18<sup>th</sup> 2012

Tel: + 353 (0) 1 4759666 / Fax: + 353 (0) 1 4759677

### GPS Co-Ordinates

N 53 19' 59.15" W 6 15' 52.32"

### Directions

#### Luas:

The nearest Luas to the Camden Court is Harcourt Street (Greenline). This is only a minute or two away on foot. [Download Luas information sheet](#)

**Aircoach:** This is a regular coach service from Dublin Airport to Dublin city centre. You can catch the aircoach from outside the arrivals hall. (Just walk across the zebra crossing to reach the pick up point). The aircoach will cost you €7 one way and €12 return.

There are two different routes you can take to the hotel.

We recommend you take the bus servicing City Centre/ Stillorgan / Sandyford / Leopardstown (Leopardstown Route). The stop you should get off at is Leeson Street. You then need to walk up Hatch Street until you reach Harcourt Street 'T' junction. Cross over Harcourt Street onto 'Charlotte Way' and the hotel is at the end of this street on the left hand side.

#### Dublin

#### Bus

The 16A goes from directly outside the hotel (Centra & Tesco) and goes to the city centre. Please have exact change as the bus driver does not give change. (€2.20 per adult). [www.dublinbus.ie](http://www.dublinbus.ie) (all bus timetables)

#### From

#### Dublin

#### International

#### Airport

From the airport follow the M1 into the city. On the approach to the city look for signs for the East Link, which will take you left off the main road, Cross the East Link Toll Bridge, then take the third exit at the roundabout. Continue quarter of a mile until you arrive at a T Junction. Turn right, then immediately turn left. Continue through the traffic lights onto Bath Avenue. You will come to a junction after half a mile. Continue straight through this junction and the next one. Turn right at the next set of traffic lights onto Baggot St. Lower. Go straight through the first set of traffic lights then turn left at the next set of traffic lights onto Fitzwilliam St. Go straight through onto Adelaide road and turn right onto Camden Street. The hotel is now on the right hand side, follow the road around the corner and drive under the arch to the drop off area at the front of the hotel.

## ***IMPROVE YOUR SKILLS FOR A BETTER BUSINESS***

***Essilor would like to invite you to this intriguing and informative course which we feel will be of great benefit to your business. For course registration please return this completed form as soon as possible either by***

***email to [braddisc@essilor.ie](mailto:braddisc@essilor.ie) or freefax 1800 776 776***

***Name:*** \_\_\_\_\_

***Practice:*** \_\_\_\_\_

***Number attending:*** \_\_\_\_\_

***VENUE*** (Please tick the box next to your preferred venue)

***17<sup>th</sup> January Killeshin Hotel – Portlaoise***

***18<sup>th</sup> January Camden Court Hotel Dublin***

***Kind Regards***

***Caroline Braddish  
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Raheen Business Park  
Limerick***

***061-425115 - Direct Line  
061-228553 - Customer Service***